

A professional portrait of Jennifer Pinkerton, a woman with long, wavy, vibrant red hair. She is resting her chin on her right hand, which is adorned with a gold-toned bracelet featuring a large orange stone and a silver-toned bracelet with gold studs. She is wearing a dark, textured top. The background is a solid dark grey.

MEDIA KIT

**JENNIFER  
PINKERTON**

*Pinkerton Psychotherapy*

**REDHEADREVEAL**

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# ABOUT ME

I am a psychotherapist, writer, speaker, founder and host of REDHEADREVEAL® podcast, private practice owner of Pinkerton Psychotherapy, and the author of the book, The Good Rabbit. As a change agent, I help people reveal their connectedness within their relationships and sexuality understanding root causes of beliefs and behaviors that hold them back from success. I assist them in returning to the person they are born to be before they were limited by trauma.



## 2023 STATISTICS

 **4K**

@REDHEADREVEAL JENNIFER PINKERTON

 **5K**

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 **11.1K**

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 **2.3K**

JENNIFER PINKERTON



# REDHEADREVEAL® PODCAST

I am a connection expert  
and emotional health  
advocate sparking  
conversation around  
attachment wounds,  
intimacy, and  
relationships on my  
podcast  
REDHEADREVEAL®.

AS SEEN IN

PaperCITY  
MAGAZINE

SWOON  
COMMUNITY MAGAZINE

MODERN LUXURY  
HOUSTON

VoyageHouston

New York Weekly

VOYAGE  
New York

The Chicago Journal

THEAMERICANREPORTER

LOS ANGELES WIRE

## Signature Topics

- ✓ Emotional Regulation
- ✓ Attachment Styles
- ✓ Emotional Trauma - Inner Child
- ✓ Sex and Intimacy
- ✓ Relationships and Marriage
- ✓ Parenting/Co-Parenting
- ✓ Forming Connections - Personal or Professional
- ✓ Dating in the Modern World
- ✓ Overcoming Anxiety
- ✓ Narcissist Relationship Recovery

## Let's Work Together

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## LICENSES/CERTIFICATIONS

- Masters of Science in Marriage and Family Therapy
- PhD Candidate in Clinical Sexology
- Licensed Marriage and Family Associate
- Certified Trauma Professional
- Certified Personality Disorder Treatment Professional
- Gottman Method Couples Therapy - Level 1 Trained
- EMDR - Level 1 Trained
- EFT Externship
- IFS Trained





# HIGHLIGHTS

## COACHING

I offer a whole approach to emotional wellness. When you are my client, I am your champion. I provide my clients an environment full of trust, commitment and compassion. I want you to thrive in life and I will ride it out with you to get there.

## SPEAKING

My speaking style is woven with my ability to connect with my audience and create a space to promote self-awareness and offer an opportunity for growth. I share my perceptions on relationships, emotional health, parenting, intimacy/sex and social musings – with an emphasis on personal purpose and progress. Applicable in both personal and professional life.

## WORKSHOPS

I develop workshop curriculum that is tailored to the needs of my audience. My interactive workshops are equipped with the tools needed to produce growth in any facet of life.

## AUTHOR

In my book, *The Good Rabbit*, I detail my husband's journey with sobriety and resilience.





## SPEAKING SERVICES & RATES

1 Hour Virtual	\$500
1 Hour In-Person - Houston	\$1,000
1 Hour In-Person - Austin, Dallas, San Antonio areas	\$3,000
1 Hour In Person - Out of Texas	\$6,000