

**SPEAKER
KIT**



**JENN
PINKERTON**

**SPEAKER &
PSYCHOTHERAPIST**



"Jenn brings a rare combination of warmth, knowledge, and authenticity to her speaking engagements. Her expertise in relationships and trauma resonates deeply, leaving a lasting impact on everyone in the room."

-David Reynolds



INVITE JENN TO SPEAK AT YOUR NEXT EVENT

Presentations that Inspire,
Engage, and Foster
Meaningful Change

Jenn Pinkerton brings extensive experience as a psychotherapist, blending real-world case studies and personal stories with an authentic, relatable delivery that captivates audiences and drives meaningful change.

If your audience is seeking deeper insight into relationships, emotional health, intimacy, or trauma healing, Jenn is the speaker you've been looking for. Her compassionate yet dynamic presence, focus on personal transformation, and depth of knowledge make her an exceptional choice for your next in-person or virtual event.

"Her insights on relationships and emotional well-being are not only thought-provoking but also deeply transformative for her audience."

-Sarah Mitchell

[BOOK JENN HERE](#)



MEET JENN PINKERTON

Jenn Pinkerton is a powerhouse in the world of mental health, trauma healing, and intimacy. A Doctoral Candidate pursuing a PhD in Clinical Sexology and the founder of Pinkerton Psychotherapy, Jenn captivates audiences with her powerful insights on trauma recovery, relationships, and human connection.

As a trusted psychotherapist, dynamic speaker, insightful podcaster, and accomplished author, Jenn blends cutting-edge research with a compassionate, client-centered approach, making her a go-to expert in the areas of emotional regulation, intimacy, and attachment. Her gift for translating complex emotional and psychological concepts into relatable, accessible language sets her apart as an engaging and impactful voice.

Jenn's influence reaches far beyond her private practice. As the host of the popular REDHEADREVEAL podcast, she brings fresh, authentic perspectives to the world of mental health, authenticity, and human connection, engaging thought leaders in groundbreaking conversations. Her upcoming book offers a deeply insightful exploration of overcoming limiting beliefs, breaking free from trauma to thrive in relationships, and living an empowered life.

SIGNATURE PROGRAM

ALCHEMY OF ATTACHMENT

How to Heal Attachment Wounds

Customizable Keynote, Virtual Presentation, or 1/2 Day Workshop

Key Takeaways

- Gain clarity on the stories they've been telling themselves and how these stories are holding them back.
- Learn actionable steps to heal emotional wounds and break free from toxic patterns.
- Reclaim their personal power by recognizing and addressing core wounds such as abandonment, rejection, and low self-worth.
- Develop the tools to create deeper, more authentic connections in all areas of life.
- Leave with a new sense of purpose, self-worth, and the ability to craft a life aligned with their true potential.

Program Bio

Many of us live disconnected lives, stuck in unfulfilling relationships and repeating unhealthy patterns. The stories we subconsciously create to protect ourselves often keep us from facing past wounds, leading to cycles of fear, insecurity, and emotional distance in both personal and professional settings.

Unhealed emotional wounds can manifest as fear, shame, and self-doubt, trapping us in surface-level relationships and preventing genuine connection. This disconnection affects our mental health, relationships, and ability to fully engage with life. Left unspoken, our internal battles often leaves us feeling isolated, unseen, and undeserving of love or success.

Healing begins when we confront the stories we have told ourselves. This keynote introduces practical steps for emotional healing, self-awareness, and reclaiming personal power, allowing us to live in alignment with our true selves.



"Jenn Pinkerton's insights into attachment wounds completely transformed my understanding of relationships, helping me break free from unhealthy patterns and create more authentic, fulfilling connections."

-Lisa Adams

TOPICS AVAILABLE FOR PANELS & INTERVIEW-STYLE PRESENTATIONS

As a psychotherapist and expert in relationships and sexuality, Jenn Pinkerton brings deep, diverse expertise and speaks with passion and authority on the following topics.

HEALING ATTACHMENT WOUNDS IN RELATIONSHIPS

- Understanding the different attachment styles and how they impact your relationships.
- Identifying the root causes of recurring patterns and emotional triggers.
- Practical tools for healing past wounds to create healthier, more secure connections.

BUILDING TRUST THAT SELLS

- Explore how emotional safety and trust drive client connection and influence purchasing behavior.
- Identify common emotional disconnects in sales and how to repair them.
- Emotional mastery as the foundation for building authentic relationships that sell.

HOW TO DOWN REGULATE YOUR NERVOUS SYSTEM

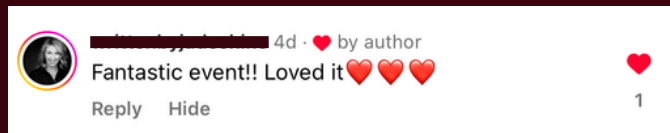
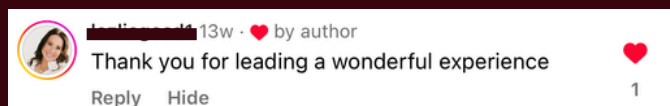
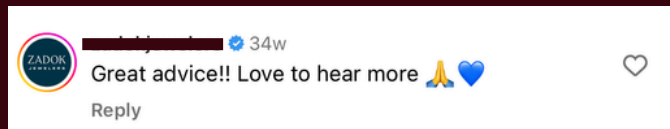
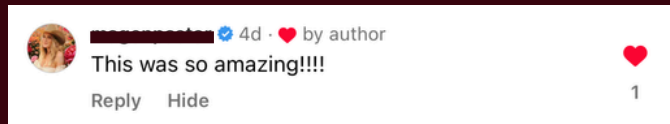
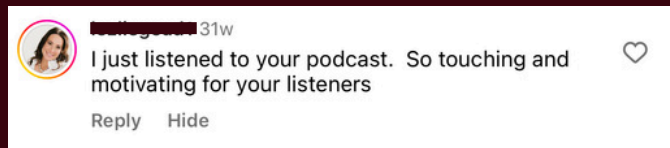
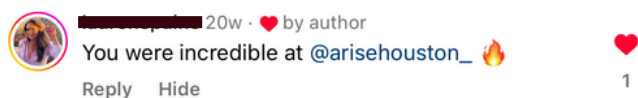
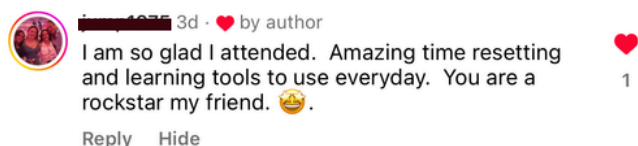
- Practicing grounding techniques to anchor yourself in the present.
- Identifying how stress manifests in your body and mind.
- Cultivating self-compassion in moments of dysregulation.

BUILDING HEALTHY RELATIONSHIPS WITH POWER RULES AND RECOVERY METHOD

- Learn how to fight fair
- Turn conflict into connection.
- Techniques to effectively express feelings, needs, and concerns.

WHAT PEOPLE ARE SAYING ABOUT JENN

WATCH JENN'S MEDIA REEL



"Jenn's engaging style, combined with her expertise, creates an environment where audiences feel seen, inspired, and ready to embrace transformation. She doesn't just speak; she connects, educates, and empowers. If you're looking for a speaker who will leave a lasting impact, Jenn is your go-to expert."

-Megan Harrison





**ENGAGING.
ENTHUSIASTIC.
CHARISMATIC.
INSIGHTFUL.
EXPERT.**

**THE TALKS YOUR ATTENDEES
RAVE ABOUT
(AND ACTUALLY REMEMBER)**

LISTEN TO JENN SPEAK



Healing Your Inner Child

[Listen to the Episode](#)



The Power of Showing Up for Intimacy

[Listen to the Episode](#)



The Ability to Find Peace, Intimacy, and Joy in Yourself and Relationship

[Listen to the Episode](#)



Authenticity Unlocked

[Listen to the Episode](#)



Boundaries are Badass

[Listen to the Episode](#)



Jenn Pinkerton Interview

[Listen to the Episode](#)



How to Thrive in Your Relationship

[Listen to the Episode](#)



Blindsided: Why Your Past May Be Sabotaging Your Marriage

[Listen to the Episode](#)

SPEAKING CLIENTS INCLUDE



WATCH JENN SPEAK



that will prevent you from
living a life where you're

Unresolved
Attachment Wounds



Conflict in a
Relationship



Building Healthy
Relationships



Why Your Clients Need
Trust

ASSETS & RESOURCES

APPROVED HEADSHOTS



[DOWNLOAD IMAGES](#)

IMPORTANT LINKS

[SPEAKER INTRODUCTION](#)

[AV REQUIREMENTS](#)

A portrait of Jenn Pinkerton, a woman with long, straight red hair, wearing a teal sleeveless top and large gold hoop earrings. She is smiling slightly and looking directly at the camera. The background is a solid dark brown color.

LET'S CONNECT

TO BOOK JENN FOR YOUR EVENT OR TO LEARN MORE
ABOUT HER AVAILABILITY AND SPEAKING FEES,
PLEASE REACH OUT TO US:

info@redheadreveal.com

[LISTEN TO MY PODCAST HERE](#)

www.jennpinkerton.com

[FOLLOW ME ON SOCIALS HERE](#)

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