

A portrait of Jennifer Pinkerton, a woman with long, wavy, reddish-brown hair, resting her chin on her hand. She is wearing a black top and a gold and black bracelet. The background is dark.

MEDIA KIT

JENNIFER  
PINKERTON

*Pinkerton Psychotherapy*

**REDHEADREVEAL®**

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# Jenn Pinkerton

Psychotherapist  
High Performance Coach  
Sexologist  
Writer and Speaker  
Founder + Host of REDHEADREVEAL® Podcast  
Private Practice Owner of Pinkerton  
Psychotherapy  
Artist Jenn Pinkerton Art



Jenn is a change agent who helps people reveal their connectedness within their relationships and sexuality, and to understand the root causes of beliefs and behaviors that hold them back from success. She is committed to assisting people in returning to the person they are born to be before they were limited by trauma.

## LICENSES/CERTIFICATIONS

- Masters of Science in Marriage and Family Therapy
- PhD Candidate in Clinical Sexology
- ASSET Certified Sex Therapist
- Licensed Marriage and Family Therapist
- Certified Trauma Professional
- Certified Personality Disorder Treatment Professional
- Gottman Method Couples Therapy - Level 1 Trained
- EMDR - Level 1 Trained
- EFT Externship
- IFS Trained

**158,000+**  
*Combined Audience*

@JENNBPPINKERTON

**57K** **5K** **2500**

@REDHEADREVEAL

**40K** **26.8K** **4.1K** **19K**

@PINKERTONPSYCHOTHERAPY

**18.5K** **2K**

# HOST OF REDHEADREVEAL® PODCAST



Helping people reveal their connectedness within relationships, transforming from the root causes of beliefs and behaviors that hold them back from thriving in life.

Holding space to discuss life's struggles and have conversations and answer questions around attachment wounds, intimacy, relationships encouraging vulnerability, authenticity, growth, and self awareness.



**5 STAR RATING**

**40,000+ LISTENERS**



## INTERVIEWS WITH THOUGHT LEADERS



**MASTIN KIPP, BEST SELLING AUTHOR**  
Ep: Hacking Your Nervous System



**BARBARA SCHREIHANS**  
Ep: Empowering Women to Build Wealth



**JENNA JAMESON**  
Ep: Sexual Empowerment, Sobriety, and Self Discovery



**DR. ALEXANDRA SOLOMON**  
Ep: Relational Self-Awareness



**STEVE SIMS, CEO**  
Ep: Unlocking Extraordinary Experiences



**ISRAEL RODRIGUEZ, ARTIST**  
Ep: Embracing Authenticity

## Signature Topics

- ✓ Emotional Regulation
- ✓ Attachment Styles
- ✓ Emotional Trauma - Inner Child
- ✓ Relationships and Marriage
- ✓ Parenting/Co-Parenting
- ✓ Forming Connections - Personal or Professional
- ✓ Dating in the Modern World
- ✓ Narcissist Relationship Recovery
- ✓ Heart Selling
- ✓ Overcoming Anxiety
- ✓ Sex and Intimacy
- ✓ Healing Your Nervous System



# MEDIA APPEARANCES

Click each image for the full interview.



FOX 26

THE CW 39  
HOUSTON

New York Weekly

SWOON

VOYAGE  
New York



HOUSTON MOMS™

VoyageHouston

THEAMERICANREPORTER

The Chicago Journal

MODERN LUXURY  
HOUSTON

Papercity  
MAGAZINE

LOS ANGELES WIRE

/WEDDINGS/  
IN HOUSTON



# SPEAKING APPEARANCES



Osprey Women's Summit



TEDx "Redefining Normal"



The Reyna Group



Corocoran Prestige Realty



National Charity League





# WORK WITH JENN

## COACHING

"I offer whole approach to emotional wellness. When you are my client, I am your champion. I provide my clients an environment full of trust, commitment and compassion. I want you to thrive in life and I will ride it out with you to get there."

## COURSES

**"TO DO BEFORE I DO™"** is a self-paced course I created because I wanted to address the mystery of how to have a healthy relationship. Whether you're married, seriously dating, newlywed, or engaged, It's for anyone to understand the foundations and concepts to create a healthy and thriving relationship. It addresses core topics and primary love lessons, and is a tool to empower people at their own pace, at home on their own or with their partner."

## SPEAKING

"My speaking style is woven with my ability to connect with my audience and create a space to promote self-awareness and offer an opportunity for growth. I share my perceptions on relationships, emotional health, parenting, intimacy/sex and social musings - with an emphasis on personal purpose and progress. Applicable in both personal and professional life."





# RETREATS

Upgrade your mental and physical health,  
and your relationship with others.  
Upgrade yourself.

Jenn hosts seasonal retreats designed to nurture holistic wellness. Reconnect with yourself through guided movement, breathwork, and restorative practices led by Jenn and fellow experts.

Partner with Jenn to co-host a transformative retreat, or join one to reset your mind and body in a supportive, rejuvenating environment.



# PINKERTON PSYCHOTHERAPY

*"Transformation is our expertise and passion"*

Pinkerton Psychotherapy is dedicated to providing high quality, thoughtful and empowering psychotherapy and coaching services to our clients. We believe in meeting our clients where they are and tailoring therapy to each person's needs to provide the most opportunity for growth, self-awareness and resolution.

Jenn leads a team of 7 therapists in the Greater Houston area with online, Telehealth, and group therapy. As a practice, more than 900 clients have received support over 3 years.

## THERAPY SPECIALTIES

Trauma  
LGBTQIA+  
Couples  
Sex Therapy  
Inner Child

Parenting  
Co-Parenting Coaching  
Divorce Support  
Narcissistic Personality  
High Conflict

## FOUND IN

Psychology Today

THERAPY DEN

therapytribe  
*find wellness*



aasect  
american association of sexuality  
educators, counselors and therapists

AAMFT  
American Association for Marriage and Family Therapy

INCLUDED

GoodTherapy.org®  
Helping people find therapists. Advocating for ethical therapy.

***"You have the ability to change your "go to"  
responses and build a self-awareness of  
who you are and why you are that way."***



# JENN PINKERTON ART



**Each reflective mirror piece invites us to look within, to see ourselves through a lens of strength and resilience. Jenn uses mirrors framed in bulletproof metal to symbolize protection and the enduring strength we all carry within us. These pieces are crafted with intention, inviting you to look beyond the surface and connect with the powerful themes of emotional healing and self-compassion.**

*"Throughout life, creating, imagining, making—those have been the moments when I feel most connected to my truest self."*



**The Collection: [JennPinkertonArt.com](http://JennPinkertonArt.com)**



# CONNECT WITH JENN

## JENN PINKERTON

[www.JennPinkerton.com](http://www.JennPinkerton.com)

@jennbpinkerton

## REDHEADREVEAL

[www.RedheadReveal.com/](http://www.RedheadReveal.com/)

@redheadreveal

Podcast Platforms: REDHEADREVEAL

## PINKERTON PSYCHOTHERAPY

[www.PinkertonPsychotherapy.com](http://www.PinkertonPsychotherapy.com)

@pinkertonpsychotherapy

## JENN PINKERTON ART

[www.JennPinkertonArt.com](http://www.JennPinkertonArt.com)

@jennpinkertonart



# SPEAKING SERVICES & RATES

1 Hour Virtual	\$1,000
1 Hour In-Person - Houston	\$2,500
1 Hour In-Person - Austin, Dallas, San Antonio areas	\$5,000+
1 Hour In Person - Out of Texas	\$10,000+

MEDIA AND PARTNERSHIPS: [MARIE@POPSTUDIOSPR.COM](mailto:MARIE@POPSTUDIOSPR.COM)